



HEALTH MATTERS

COVID NEW 'NORMAL'

Welcome to Covid New Normal! We hope you, your family and friends are keeping safe and well. Surgeries are, of course, open and we encourage patients to get in touch for health concerns that cannot be dealt with by you, your family or friends or local pharmacy - please note that in line with NHS guidelines, appointments continue to be carried out remotely, wherever possible, ie as a phone call or video consultation.

We hope the following update about our services will be helpful.

- Routine vaccinations and immunisations are important. Childhood Imms clinics are running as normal and our flu clinics commence shortly
- Monitoring long-term conditions is a priority and you will continue to be contacted for regular reviews
- Hospitals are accepting referrals from your doctor but please note that waiting times and allocation of appointments are managed by them, not by the surgery
- Please only visit the surgery in person if you have an appointment
- If you need medical advice, please access our Doctorlink triage service via the practice website or call the practice to speak to a healthcare professional
- If a you need to be seen face-to-face then you will be given an appointment to come to the practice
- This change is happening to help keep staff and patients safe
- We want to discourage people queuing outside and waiting in the waiting area to reduce the spread of coronavirus
- Coming in for a booked appointment means you will be seen promptly
- Staff will be able to clean areas before your arrival to keep you safe
- Please attend an appointment on your own, if possible, and wear a face covering (unless exempted)
- If you have coronavirus symptoms, please **DO NOT** come into the practice

North Street
Calne
Wiltshire SN11 0HH
Tel: 01249 812141
www.northlands-surgery.co.uk

Opening Times:

Visit the Surgery Monday - Friday:

8.30am - 6.00pm

Or telephone between:

8.30am - 5.30pm

Or 24/7 via Online Access to make/cancel appointments, order repeat prescriptions, access your medical record etc at a time to suit you.

Surgery Times (by appointment):

Monday - Thursday

8.30am - 12.30pm

2.00pm - 6.00pm

6.30pm - 8.00pm

Friday

8.30am - 12.30pm

2.00pm - 6.00pm

Out of Hours Service: I I I

Our Doctors:

Dr R Leach MA BM BCh MRCGP DRCOG

Dr E Tully MB BCh BAO DFRSH MRCGP

Dr N Ware MB BS BSc DRCOG MRCGP

Dr J Dalton BM MRCGP DFRSH DCH

Dr N Abel BM BS MRCGP

Dr E Simons MB ChB DFFP

Dr T Chambers BSc MBChB DRCOG

Dr L Beynon BM DCH DRCOG DFFP

MRCGP

Dr T Liva MD DFRSH DRCOG MRCGP

Trainees:

Dr L Ferro MB BS

Dr D Jayaweera MB BS

Our Nurse Practitioners:

Advanced Nurse Practitioner Anita Peake

Nurse Practitioner Emily Davies

Our Practice Pharmacist:

Zoë Pearce MRPharmS

Our Mental Health

Practitioner:

Esther Slee-Swanson



FLU VACCINATIONS 2020-21

WHO CAN HAVE THE FREE FLU JAB?

You are entitled to a free flu vaccination if you are:

- aged 65 years or over
- living in a residential or nursing home
- the main carer of an older or disabled person
- a household contact of an immunocompromised person
- a health or social care worker; or
- pregnant

Even if you feel healthy, you should have the flu vaccination if you have:

- a heart problem
- a chest complaint or breathing difficulties, including bronchitis or emphysema
- a kidney disease
- lowered immunity due to disease or treatment (such as steroid medication or cancer treatment)
- liver disease
- had a stroke or a transient ischaemic attack (TIA)
- diabetes
- a neurological condition, for example multiple sclerosis (MS) or cerebral palsy
- a problem with your spleen, for example sickle cell disease, or you have had your spleen removed
- a BMI of 40 and above

CHILD FLU VACCINATION

Children aged 2 and 3 years on 31 August 2020 will be offered a flu jab at the surgery—clinics start mid-September. Arrangements will be made for all primary school aged children and those in Year 7 (aged 4 to 11 on 31 August 2020) to receive the vaccination in school. At-risk children with long-term health conditions are also eligible for a free flu vaccination.

FLU CLINIC ARRANGEMENTS

Mindful of Covid, we have planned Flu Clinics to run on certain weekends in September and October to provide the safest possible environment for patients and staff. We are holding special clinics for 'Shielding' patients. However, you can still have the flu jab opportunistically if you unable to attend a weekend clinic and have an appointment with a clinician.

ATTENDING OUR SOCIALLY-DISTANCED WEEKEND FLU CLINICS

Patients are kindly requested to come 'jab-ready!', ie to ensure your time in the surgery is as brief as possible, please arrive on-time and wear a sleeveless or loose-fitting top - and a face covering, unless exempted. We have a one-way system through the surgery in operation - marshals will help direct you to the right place with a separate entrance for Shielding Patients.

~ Over 65's Flu Clinics ~

Sat, 5th & Sun, 6th & Sat, 12th Sept