



HEALTH MATTERS

Important information about Coronavirus

The NHS in Wiltshire and Public Health England (PHE) are extremely well prepared for outbreaks of new infectious diseases. The NHS has put in place measures to ensure the safety of all patients and NHS staff while also ensuring services are available to the public as normal.

Please see the information below and **do not come to the Surgery** if you have returned from the following countries since 19th February:

Category 1 Travellers should immediately self-isolate, even if asymptomatic, and call NHS 111 to inform of recent travel	Category 2 Travellers do not need to undertake any special measures, but if they develop symptoms they should self-isolate and call NHS 111
<ul style="list-style-type: none"> Wuhan City and Hubei Province (China) Iran Daegu or Cheongdo (Republic of Korea) Any Italian town under containment measures 	<ul style="list-style-type: none"> Cambodia China* Hong Kong Italy – North* Japan Laos Macau Malaysia Myanmar Republic of Korea* Singapore Taiwan Thailand Vietnam

* Except areas of the country specifically referred to in Category 1

If you have returned to the UK from any of these areas in the last 14 days and develop symptoms of cough or fever or shortness of breath, you should immediately:

- stay indoors and avoid contact with other people as you would with the flu
- call NHS 111 to inform them of your recent travel to the country

For up-to-date information go to:

<https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

When you have finished reading the Newsletter, please leave it in the Waiting Room for others to read. Thank you.

North Street
Calne
Wiltshire SN11 0HH
Tel: 01249 812141
www.northlands-surgery.co.uk

Opening Times:

Visit the Surgery Monday - Friday:

8.30am - 6.00pm

Or telephone between:

8.30am - 5.30pm

Or 24/7 via [Online Access to make/cancel appointments, order repeat prescriptions, access your medical record etc at a time to suit you.](#)

Surgery Times (by appointment):

Monday - Thursday

8.30am - 12.30pm

2.00pm - 6.00pm

6.30pm - 8.00pm

Friday

8.30am - 12.30pm

2.00pm - 6.00pm

Out of Hours Service: 111

Our Doctors:

Dr R Leach MA BM BCh MRCGP DRCOG

Dr E Tully MB BCh BAO DFRSH MRCGP

Dr N Ware MB BS BSc DRCOG MRCGP

Dr J Dalton BM MRCGP DFRSH DCH

Dr N Abel BM BS MRCGP

Dr E Simons MB ChB DFFP

Dr T Chambers BSc MBChB DRCOG

Dr L Beynon BM DCH DRCOG DFFP

MRCGP

Trainees:

Dr L Ferro MB BS

Dr D Jayaweera MB BS

Our Nurse Practitioners:

Advanced Nurse Practitioner Anita Peake

Nurse Practitioner Emily Davies

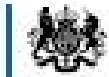
Our Practice Pharmacist:

Zoë Pearce MRPharmS

Our Mental Health

Practitioner:

Eshter Slee-Swanson



HM Government



CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

Germs can live on some surfaces for hours.

To protect yourself and others:

- Always carry tissues with you and use them to catch your cough or sneeze.
- Bin the tissue, and to kill the germs, wash your hands with soap and water, or use a sanitiser gel.
- If you have arrived back from China within 14 days follow the specific advice for returning travellers.

This is the best way to slow the spread of almost any germs, including Coronavirus.

Find out more at [gov.uk/coronavirus](https://www.gov.uk/coronavirus)