



HEALTH MATTERS



*Best Wishes for the
Holiday Season and
(despite Covid) Good
Health & Happiness
in 2021*

Covid has made this a rotten year for everyone. Let us hope better times are ahead. Thank you for all your kind messages and support for the surgery—we really appreciate it.

PATIENT PARTICIPATION GROUP 2020-21 PATIENT SURVEY

Northlands patients are invited to take part in our Annual Survey which is taking place throughout December 2020 and January 2021. This was compiled in consultation with our Patient Participation Group. Your answers are anonymous and will only be used to improve the Northlands patient experience. It should take no longer than 5 minutes to complete the survey online via <https://www.surveymonkey.co.uk/r/northlands-survey> (link also on our website www.northlands-surgery.co.uk) or paper copies available at the surgery.

Thank you very much for helping us - your views are important and we hope we can go from strength to strength by working in partnership with the PPG to address patients' key concerns.

Thank you for your help!

Christmas/New Year Surgery Closure Times

Friday 25th December	...	Closed
Monday 28th December	...	Closed
Friday 1st January 2021	...	Closed



North Street
Calne
Wiltshire SN11 0HH
Tel: 01249 812141
www.northlands-surgery.co.uk

Covid Working: in line with NHSE guidelines, we are not currently offering evening appointments. Patients should only attend the surgery if they have an appointment and are kindly requested to wear a face covering (unless exempt) and follow our one-way system through the surgery. Thank you for your help with this.

Opening Times:

Visit the Surgery Monday - Friday:
8.30am - 6.00pm

Or telephone between:

8.30am - 5.30pm

Or 24/7 via Online Access to make/cancel appointments, order repeat prescriptions, access your medical record etc at a time to suit you.

Surgery Times (by appointment):

Monday - Thursday

8.30am - 12.30pm

2.00pm - 6.00pm

6.30pm - 8.00pm

Friday

8.30am - 12.30pm

2.00pm - 6.00pm

Out of Hours Service: I I I

Our Doctors:

Dr R Leach MA BM BCh MRCP DRCOG

Dr E Tully MB BCh BAO DFRSH MRCP

Dr N Ware MB BS BSc DRCOG MRCP

Dr J Dalton BM MRCPG DFRSH DCH

Dr N Abel BM BS MRCP

Dr E Simons MB ChB DFFP

Dr T Chambers BSc MBChB DRCOG

Dr L Beynon BM DCH DRCOG DFFP MRCP

Dr T Liva MD DFRSH DRCOG MRCP

Trainee: Dr D Jayaweera MB BS

Our Nurse Practitioners:

Advanced Nurse Practitioner Anita Peake

Nurse Practitioner Emily Davies

Our Practice Pharmacist:

Zoë Pearce MRPharmS

Our Mental Health

Practitioner:

Esther Slee-Swanson

Our Care-Coordinator:

Steph Coulson

Our Community Connector:

Liz Denbury

Our First Contact Physios:

Tom Hirst

George Snelling



EAT WELL

MOVE MORE

FEEL BETTER

Healthy Us

Support to reach a healthy weight

- ➔ Free 12 week adult weight management course
- ➔ One hour online sessions
- ➔ For anyone living in Wiltshire, aged over 18 and with a body mass index (BMI) above 28
- ➔ Lose weight and keep it off!
- ➔ Weekly session topics include: balanced nutrition, emotional eating, snacking, eating out and physical activity

To join a course, get in touch with us at the Wiltshire Health Improvement Hub on:

Phone: 0300 003 4566 (Select Option 1)

Email: health.coaches@wiltshire.gov.uk

Facebook: [@wiltshirehealthimprovementhub](https://www.facebook.com/wiltshirehealthimprovementhub)

Website: wiltshire.gov.uk/public-health-weight-adults